

MBR Bookwatch: May 2013  
James A. Cox, Editor-in-Chief  
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Dunford's Bookshelf

Suddenly Solo  
Harold "Hal" Spielman and Marc Silbert  
Privately Published  
c/o Whitegate PR  
9780578114989 \$14.95 [www.suddenlysolo.org](http://www.suddenlysolo.org)

Suddenly Solo: A Lifestyle Road Map for the Mature, Widowed or Divorced Man lives up to its title as a practical-minded guide written especially for older men looking to find a new relationship with a woman. Chapters discuss how to form new connections, the realities and concerns of sex, the pros and cons of living together, and much more. "A [written] cohabitation agreement can help resolve any disputes that can arise if your relationship does not work out or if one of you passes away. You really don't want your heirs arguing about what was yours or hers... Some states have common-law statutes that define cohabitation arrangements specifically. These may impact how your possessions are viewed and your future obligations in the case of death or separation (think 'palimony')." Suddenly Solo is an absolute must-read for any older widower or divorced man, highly recommended.

Michael Dunford  
Reviewer